

Patient Instructions

Name of Patient:Harriet Davies

age 70

Description of the patient & instructions to simulator:

You've had a cough and felt hot and lethargic since yesterday. Through the night, the bed, the duvet, was soaking wet. Mostly with my husband's sweat.

Maybe a little bit lethargic, but I am a busy woman, so that maybe accounts for that as well.

If asked what you have used for your symptoms: "Well, I took two paracetamols last night, I don't know..."

You don't remember anybody ever telling you to stop taking the ramipril (that you take for your blood pressure) if you have a fever, diarrhoea or vomiting for longer than 24 hours.

PSO

Never smoked. A little alcohol, perhaps 3 glasses of wine in a week.

You are a retired secretary.

You are happily married to your husband, Stuart, of 45 years.

You are a busy lady, you do voluntary work in a local charity shop and go to the gym a lot.

First line and history

I just started yesterday with a really bad chest and I feel really, like, hot and very lethargic.

But my husband – he's your next but one patient – he's been really poorly for over a week. We tried to come in together, but you've got a patient in between.

If asked if there was some other issue that you planned to raise: No, that's the main thing. I have a problem with waterworks but I'm managing that fine. (I catheterise myself. Maybe twice a day, morning and night.)

Ideas – I think I picked up a viral infection from my husband.

Concerns – Well my husband he is so bad I was thinking about pneumonia for him. But I'm sure I'm fine. No not worried about anything serious.

Expectation – Just maybe sound my chest and say, 'that's not too bad, you can manage with paracetamol'.